

We would like to thank the supporters & volunteers for making this trip and the  
rest of our work possible  
WE COULD NOT DO THIS WITHOUT YOUR SUPPORT

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## ASK TURTLE: SELF CARE

- YOU WANT NO INTENTIONAL CUTS/ABRASIONS that are preventable...so don't shave, don't trim and cut toenails and fingernails
- Scrapes and skin abrasions are AT RISK for infection until after we make it to Lake Erie
- KEEP YOURSELF DRY - yes all your nooks and crannies
- PLEASE tell us about any concerning health problems you may have i.e. allergies, communicable diseases, to keep all of us safe!
- If you are taking a dog, you MUST bring with you: shot records/ license from your County
- KEEP ALL RIVER WATER OUT OF ALL ORIFICES - KEEP HANDS OUT OF MOUTH

## Save Maumee Grassroots Organization Inc. Everything Water; The Maumee Matters Earth WEEK April 17 through 26, 2014

~ Because one day is not long enough...

Launching at Junk Ditch, Fort Wayne, IN ~ Ending 141 miles & 9 days later at International Park, Toledo, OH

### April 19th LAUNCH DAY Saturday

Launch 9am: Corner of Smith Rd. & Engle Rd. on Junk Ditch

Portage: Hosey Dam

**Landing:** New Haven North River Road Nature Area - North River Road - New Haven, IN 46774 (just east of Landin Rd.)

### April 20th Sunday

Launch 9am: North River Nature Area (New Haven Parks & Rec.)

**Landing:** Blue Cast Springs - 21412 Blue Cast Rd. (Maumee Township off OLD US 24)

### April 21st Monday

Launch 9am: Blue Cast Springs

**Landing:** 11498 The Bend Rd, Sherwood, OH 43556 DIRECTIONS FOR LAND CREW: Take Scenic Route Old 24 (aka S.R. 424) to The Bend Road (aka S.R. 134)

\*find signs near the north side of the Maumee River Bridge.

\*parking on north side of the river and east side of The Bend Road (SR 134)

\*camping on the north side of the river and west side of The Bend Road

Private Property - KEEP EVERYTHING ON THE LANE AND PLEASE DO NOT STEP ON CROPS - CONDITIONS WILL BE WET. DROP THINGS OFF (Stations will be marked) BUT DO NOT PARK THERE - PARK ACROSS THE ROAD FROM CAMP at the public parking area called "Bend Access"

### April 22nd Tuesday

Launch 9am: 11498 The Bend Rd, Sherwood, OH 43556 (aka S.R. 134)

CANOES STOP at PONTIAC PARK FOR THE DAY'S PROGRAMING: downtown Defiance, OH - dock your canoe on north shore & walk to programing area across Maumee River via Clinton Street Bridge - SEE PROGRAMING

PORTAGE: to avoid Independence Dam

Camp: private property-869 Coon Hallow Drive, Napoleon, OH 43545

### April 23rd Wednesday

Launch 9am: 869 Coon Hallow Drive, Napoleon, OH 43545

Landing: Napoleon Municipal Park Public Boat Launch, Napoleon Ohio (via Tony Cotter, Napoleon Parks & Rec)

### April 24th Thursday

Launch 9am: Napoleon Municipal Park Public Boat Launch

Landing: Mary Jane Thurston State Park, Grand Rapids, OH - 1-466 State Route 65, McClure, OH 43534 - give campsites at half-price because of project (6 people / \$9 discounted site) - with potential to stay at MJT on April 25

April 25th Friday

Mary Jane Thurston State Park, Grand Rapids, Ohio (off Old US24) - ALL DAY - CAMP  
INFORMATION - DEMOCRATIC DECISION MAKING

WE MAY LAUNCH FROM HERE PENDING RIVER CONDITIONS BUT WE ARE ASSUMING  
RAPID CONDITIONS FROM HERE TO PERRYSBURG/MAUMEE OHIO

...but group will launch from Maple Street Boat Ramp in Perrysburg, OH April 26th at 9AM

April 26th Saturday

Launch 9am: Put-in at Perrysburg, OH at Maple Street Public Boat Launch - Perrysburg, OH

DESTINATION REACHED: International Park, Toledo OH (rails to trails) 43605

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**Daily:** \*ALWAYS be at camp BEFORE DARK - ALWAYS

\* 7am food / coffee goes ON    \* 8am feed the troops  
\* 9am be ready to depart    \* 10am SWEEP boat MUST be out  
\* Please go to daily programs    \* Midnight is lights out  
\* Please do your job assigned + \* Always be yourself ~ you will be on camera

## SAFETY PLAN

Safety Plan & Medic Committee was initiated at the Save Maumee Monthly  
Monday Meeting on February 3, 2014. LAND MEDICS & CANOE MEDICS ARE  
AVAILABLE SEEK THEM OUT IF YOU NEED SOMETHING

Committee Meeting February 13, 2014 3:33PM-6:18PM

Pre-Planning for: April 18 through April 26 2014 Float Plan (141 miles) RE: Maumee River  
from our launch point at the Continental Divide (between the Mississippi and Great Lakes  
watershed) to Toledo, Ohio's International Park. This has exact locations of permissions we are  
able to "put-in" and "pull-out." Travel time is estimated generously, but we are estimating a  
faster current due to Spring drainage. Plans of previous canoe trip discussions have occurred and  
information sought about conditions.

\*NO people under the age of 18 years-old will be in our Official 20-25 Canoe Crew.

\*Children are not prohibited from the trip (per se), but if involved, they will be cared for by their  
own family or personnel, and should have the most oversight available from their caregiver or  
sponsor (i.e. Boy Scouts, College, Family).

Caveat: DO NOT leave children on a cold, fast-moving, potentially contaminated riverbank. This  
is not prudent behavior for a parent or guardian.

SANITIZING - CHARGING STATION

ALL THESE ARE COMMUNITY LOCATIONS: PRACTICE COMMUNITY

- Make sure flags and land markers can be seen for the other paddlers and other land crew: SEE LAND OR WATER ADMIN or Land Host - pick up all signage when leaving
- POST ALL SIGNAGE FOR OTHERS TO FIND THE LOCATION of where equipment
- LOOK at the daily POSTED AGENDA ~ i.e. programs are to take place & please go
- LAND SWEEP is the last one to leave camp - making sure the last location is now better than when we all arrived.
- DISPERSE ALL evidence of a fire

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## #3 General Information

- Wave to People - Smile at Strangers - YOU ARE A RIVER HERO
- It is going to rain and cold at night
- OUR LAUNCH POINT: one of the first cases of West Nile carrying mosquitos (2011) were found here AND ticks have been identified as problematic throughout
- THROUGHOUT: THIS IS CONSIDERED AN IMPAIRED WATERWAY - TREAT IT AS SUCH - DO NOT TOUCH ANY ORPHUS to ANYTHING THAT HAS BEEN IN CONTACT WITH RIVER WATER
- EVERYONE NEEDS TO READ THE SAFETY PLAN
- STAGE AN ACTIVITY AND TELL THE CRYER to announce it ~ Save Maumee is creating that perfect opportunity for you to showcase and be heard. Share your idea, knowledge, or expertise and provide feedback throughout this trip.

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### Communal Food Serving:

1. Conch shell will be blown 3 times –  
1st one is a warning,  
second one is – COME ON  
3rd one food is being served
2. There are 3 buckets at two separate locations:  
Bucket 1 – WATER TO RINSE OFF FOOD PARTICLES  
Bucket 2 – Bleach Water to sanitize  
Bucket 3 – Sanitize Rinse
3. Clean HANDS at the HAND WASHING STATION first
4. Sit in a circle FACING IN with your bliss do not touch your bliss to anything used communally, the food will come to you if you sit in a circle and hold out your cup.
5. Clean your blissware at KITCHEN FINAL WASHING STATION so it is ready to use next time

## Special Thanks

Transportation from our destination reached in Toledo, to back home to our original launch point at Top Notch Tree Service.

Transportation for ONE of your two personal waterproof totes (one for the boat, one to tote in the Cargo Trailer)

**# 1 CANOE CREW ADDENDA When YOU arrive to the campsite ~**  
**YOU know your individual job! DO IT!**  
TEACH OTHERS ~ Practice inclusion & sustainable conservation

### **CANOE CREW LANDING LOCATION: Dock Your Boat**

- 1) Wash your hands 2) take a 15 minute break to visit and orient yourself
- Appreciate the beauty and examine how we can work with the land at THIS particular location- KITCHEN / COFFEE / WATER - SANITATION - FIRE PIT - HAND SANITIZING - CHARGING STATION - C.A.L.M. - TRASH
- ALL THESE ARE COMMUNITY LOCATIONS: PRACTICE COMMUNITY
- Be sure flags can be seen for the other paddlers to land
- CHECK THE JOBS LISTS and make sure everything is completed for us
- Clean-out your boat and put trash in THE ONE pile - sanitation to take off site Land Sweep to make sure ALL RUBBISH IS REMOVED FROM SITE
- Charge any electronics that you may need charged
- When Sweep Boat lands, SWEEP BOAT DOES HEADCOUNT~ BE PRESENT
- LOOK at the daily AGENDA ~ When programs are to take place & GO TO THEM
- Clean and prepare boat for canoe launch in the morning
- THEN set-up your personal sleeping space and mark your claim
- IF dinner is NOT ready, use time for hygiene - after dinner will be a break for hygiene time as well
- After community food is served, announcements will be made for the festivities
- ALWAYS - BE THERE BEFORE DARK - ALWAYS
- Create Community Space & practice inclusion: Be yourself
- IF you are hungry and food is not ready yet, please see: How to serve food
- While dinner is being served: ANNOUNCEMENTS OF PROGRAMS & ACTIVITIES for the afternoon / evening
- Be ready to launch at 9AM in the morning after putting your 2nd bag into the Land Cargo trailer - it will meet you at the next landing location - Land Crew will return Water Crew to their vehicles upon destination in Toledo

**#2 Addenda Land Crew When YOU arrive to the campsite ~**  
**YOU ARE SETUP & TEAR DOWN**  
**you know what to do! DO IT!**

- Land crew mark area properly: THINK inclusion and community set-up and the most simple way to accomplish this
- Appreciate the beauty and examine how we can work with the land at THIS particular location- KITCHEN / WATER / COFFEE - SANITATION - FIRE PIT - HAND

## **Safety Plan Reference Data**

Float Plan will be left:

1) Person Responsible for HARDCOPY SAFETY PLAN, CORRESPONDING HEALTH INFORMATION and Save Maumee's Official Document for Float Plan will be held by Lead Land Medic OR Land Admin

2) At least daily updates will be available ONLINE as WIFI becomes available  
ALL GPS and GEOLOCATIONS WILL BE UPDATED BY SENDING INFORMATION TO EMAIL OR AS A PHONE TEXT/ PICTURE WITH GPS DATA TO:

#1 DON CROY

email: info@designservicesfortwayne.com

text picture: 260-466-1852

#2 ERIC STAHL SMITH

email: techedge@gmail.com

text picture: 317-408-0116

**Discipline** – ALL participants will be asked to use their most prudent judgement on this trip. All participants, upon orientation will respect the rules and procedures for a safe unit activity float! The rules will be presented and learned prior to our launch and will be reviewed for all participants (especially if others are joining us along the way) at breakfast (8am) and at each launching point along our eight mornings. We request that all rules are fairly and impartially applied with common sense and good judgement to keep the fun from being interrupted by tragedy.

**Protections:** INCLUDED is Release of Liability and Indemnification Waiver: Directors, officers, employees, volunteers, representatives, and agents, the event holders, event sponsors, event volunteers: (B) Indemnify and Hold Harmless the entities or persons during this event from any and all liabilities or claims made as a result of participation in this event, whether cause by the negligence of releases or otherwise, even in the future.

**Qualified Supervision** – Save Maumee Safety Plan & Medic Committee have contacted the municipalities; fire departments, police department, and corresponding government agencies' personnel so all are aware of our presence through their area. We understand that the time of year in which we are paddling has the potential for high, fast moving, cold water; besides the usual potential for drowning, injury or death when paddling on water. All people on this trip should knowingly accept responsibility for one another during the trip. We knowingly understand that this river has more potential for harm, due to the State and Federal designation under the 303 (d) list of impaired waterways in the United States.

**Qualified Supervision of Health Professionals**

LAND CREW MEDICS:

- 1) Amanda Kaminiskas; Certified Paramedic-1 and trained in advanced life support,
- 2) Bill White recently retired from a 20 year medical career; Previous Certified Canoe Instructor, Water Safety Instructor Trainer, PADI Certified Rescue Diver, Certified Paramedic, Associate in Respiratory Care, Bachelor in Allied Health Sciences, CPR Certified, ACLS Instructor
- 3) Kara Tobias, Registered Nurse

ON THE WATER MEDIC:

- 4) Josh Eng, Certified Street Medic since 2012

**Physical Fitness** – Our crew has been chosen based on strong swimming or strong paddling skills and will provide a list of significant health conditions (epilepsy, diabetes, asthma etc.) and

is willing to sign waivers to release liability and to agree to medical attention if necessary. SEE PROTECTIONS

**Buddy System** – Each participant will have a “buddy” – IF their buddy is in the same boat, redundancy will be provided due to each boat being paired with a “buddy boat”.

In addition to the “buddy system,” the last boat in our troop will have a bright orange vest to identify he is the last boat. When the last boat orange vest boat lands, we do a head count of water participants.

**Communication** – Almost every person in the canoe crew will have cell phones on each boat to report emergencies or potential threats of a problem(s). IF cell phone coverage is not working due to towers lack of coverage at a location, walkee-talkees will relay emergency information to the land crew / all medics and whistles will be handed out at orientation and basic hand signals taught.

**Smart Phones** – TURN-ON your geolocation for the trip - should be programmed with 1)buddy 2)buddy boat 3)medics 4)admin(s)

**walkee-talkees** (standard 11 meters) CHANNEL 12 - EMERGENCY CHANNEL 9

**Hand Signals**—(good for *line-of-sight*) - can be used any time paddlers are within sight of one another. A basic system of three or four messages (“need assistance,” “gather up,” “emergency”) will take care of most of our low-tech communication needs

**Whistle Signals** - Whistles are useful when paddlers are within sight but not near enough for voice communication. We consider whistles (and horns) to be standard paddling gear

**Flashlights and Strokes** – no plans include being on the water AFTER DUSK, but flashlights and strobes can be used to attract the attention of other paddlers and other vessels, especially in low light situations. They can also be used to send specific messages (Morse code) and get around on land after dusk

**Skill Proficiency** – Participants confirm they are able to jump feet-first into water over-the-head. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be swum continuously and include at least one sharp turn. Float by resting face-up in the water for 15 minutes.

**Itinerary** – Launch 9am (last boat out by 10AM) – Traveling on average 14 – 15.5 miles per day and landing (at pre-designated landing areas) well before dusk. Programing on the banks begin after the Canoe Crew Lands, we do a head-count of paddlers, and then eat together.

**Local Rules** — We will follow all rules specifically determined by state and local regulations. We are working with landowners and managers of public spaces to use or cross property so they are aware of our group.

**Notification** — We are filing our float plan and working to provide all safety requirements with the U.S. Coast Guard in Toledo/Cleveland Ohio. Municipalities, DNR and County personnel have been contacted or notified of our presence.

**Weather** — We will be checking the weather forecast just before setting out, and keep an alert weather eye. We will bring all craft ashore when rough weather threatens. Threat will be determined by weather and communication via Karen Ewing (260) 420-5868 or [kjewing@frontier.com](mailto:kjewing@frontier.com)

**Contingencies** — IF the Maumee is BELOW “average flood height <12 feet” this plan continues. IF the conditions are ABOVE “average flood height” we will stop the trip

20. **FOOD** – snacks and lunch that do not require heating.... food will be prepared and distributed communally. We feed you breakfast and dinner – If you want/desire more than that, please bring it for your personal eating preferences.

- When you are packing your personal items, think simple and multiuse items for community benefit:
- EACH CANOE will be self supporting until camp is made.
- EACH PERSON WILL BE PROVIDED A WHISTLE FOR EMERGENCIES ONLY – if someone blows a whistle, ALL come to rescue
- be prepared to carry everything you bring
- be ready to depart in your canoe at 9am – help your buddy and buddy boat
- please tell Abby if you NEED us to provide you a personal 5 gallon bucket with lid

#### **Words of Encouragement for the Canoers:**

- WE are a service project – you will be working – be yourself and enjoy –
- We are paddling down a polluted stream and against entrenched behaviors – you are a hero
- When you sleep on this trip, think of the billions of people who have it worse than your sleeping conditions...whatever you bring as your place to sleep.
- This trip will provide you unfettered bragging rights and a greater appreciation of water...and will clarify your viewpoint of wants and needs.

#### **What Save Maumee will provide:**

**KITCHEN / WATER / COFFEE:** Breakfast and Dinner – pack snacks for yourself for lunch (water will be available throughout)

Water jug for each boat to keep you hydrated (your personal SEALED drinking device is not included in this water) – DRINK WATER DO NOT BECOME DEHYDRATED

#### **SANITATION:**

Lug-A-Loo & a shovel with community toilet paper – be prepared to use outdoor latrines – YOU WILL NOT urinate near or in the stream – DO NOT POO WHERE YOU PEE – We will cover this at Orientation

#### **SOLAR ENERGY:**

Solar Powered Charging Station please bring special accessories, but we have solar powered – DC Current LOCATED ON THE CARGO TRUCK

**PRIMITIVE CAMPING** at LANDING LOCATION: each evening at landing points

Random knowledge, tools and education

**MEDIC** Emergency care – SEE MEDIC

**TRASH STATION** (trash bags)

**Comfort Care** (for anything you have forgotten or need) – extra sox, warm hug, dry sweatshirt, chocolate

Your Canoe and its portages – THIS IS NOT A RACE – Be prepared for rain & harsh weather – cold & wet ~ HEY ~ This is an adventure!

Transportation from portages to the next camp/launch point – all transportation...

**RAIN APPROPRIATE WEAR (jacket, hat, sunglasses, gloves) – Extra pair of gloves AND socks – if they are wet...you may need an extra DRY pair**

**BRING YO CAMERA OR SMART PHONE and TURN ON THE GPS LOCATION DETECTION!  
TAKE A PICTURE! TAKE A PICTURE! TAKE A PICTURE!**

1. CANOE CREW ~ EVERYTHING YOU OWN SHOULD BE IN ABLE TO FIT IN: ANY TOTE OR BAG that is water resistant + 1 sealed 5-gallon bucket (provided if needed) to reiterate:

You will be able to bring 1) ONE BAG (will be transported by land crew via Cargo Truck) + ONE five-gallon bucket that will be in your canoe (These two sealed containers = whatever you do not want wet)

2. Trip is FREE for Members – Membership is \$25 for one year.  
(bring along a few dollars, you may want to chip in a few dollars around the campfire for zuzu's and desires)
3. MUST wear SHOES – backup pair is a good idea (and new socks for each day)
4. One personal reusable water-tight sealed canteen/reusable personal water container (we will provide a larger water container for your boat)
5. Own personal shelter for overnight camping (tent/sleeping bag/bedding/2 tarps)
6. A HAT to cover your head from ticks and sun and SUNSCREEN
7. Something to sit on: Blanket and/or chair to use your 5 gallon bucket OR bring a chair with a back....you may want one after paddling for a few days = NOT NECESSARY, just a suggestion
8. One knife or sharp scissors and sheath in your boat (MUST COVER TIP OF BLADE)
9. Flashlight with extra set of batteries
10. DO NOT bring something you will not share, (if you are not using it)
11. be able to carry one additional 5 gallon bucket/sealed container in canoe (that we may need you to carry in your boat) for community use – they will be labeled
12. Bliss-ware = REUSABLE multiple use (blissware is simply a cup with a lid for food or coffee, with attached eating utensil) We will NOT provide 'single-use' eating or drinking utensils
13. WOOL WOOL WOOL ~ WILL keep you warm, even when wet
14. SIMPLE ROPE – degradable are preferred – to tie things down, hang things up and help to create NATURAL areas (can bring nylon rope but we prefer coconut or hemp)
15. 6 personal rolls of toilet paper
16. 1 personal small towel
17. Entertainment if you play something (drum, guitar)
18. 1 container for your boat to urinate in – I am sure you can find something better suited to your needs than myself. (women google: "she-wee")

Have a container for you to pee-in (when on the water) or get OUT of the boat on land and pee at least 250 feet from any flowing surface water. When you have to poop - seek out the sanitation boat and poop in the bucket OR take a shovel and dig a "cat hole". Cat hole should be OVER 300 feet away from running water and COVER the waste with campfire ash, then cover hole COMPLETELY with soil and secure soil down firmly with your shoe when finished.

19. Hygiene for personal: biodegradable soap/ sanitizer, toothbrush, toothpaste, medication, washcloth (epi-pen, inhaler, diabetes) feminine etc.

immediately. If there is a thunderstorm OR water approaches "beyond average flood height >12 feet" ALL canoes and people will be notified to STOP and pull to nearest clearing or landing area that canoes are able to access and then wait for directions to be given via radios/cell phones / non verbal communication. The trailers will be notified to pick up paddlers and equipment from their location and head-count will commence.

**Equipment** – All equipment will be suited to the canoe, water conditions, to the individual, and be in good repair and satisfy all state and federal requirements. Spare equipment, repair materials and waterproof matches will be in the "Medic Canoe"

Canoe trailer and two hauling trailers will move canoes in Defiance, OH (above Independence Dam) and upon completion of the trip, return canoes to Fort Wayne. These trailers can also be used in case of emergency pull-out.

- \*Wangler JEEP 4-wheel-drive

- \*metal chains for pulling/towing

- \*2 GPS devices with GIS capabilities

- \*many cell phones between the land crew and canoe crew

- \*walkie talkies

- \*Extra rope – synthetic sheath of commercial parachute cord, graded from 32 strands and core is 7, two-ply yarns

- \*2 Compact Rescue Throw Bags

- \* appropriate (PFD's) Personal Floatation Devices for each individual

- \* Knives – corrosion-resistant, stainless-steel blades attached by sheathes so they are easily accessed but prevent accidental punctures

- \* whistles will be provided for communication

- \* Cloth repair kit and full repair kit for canoes

**Emergency Flags**—Brightly colored emergency flags are designed to draw the attention of nearby paddlers or vessels. They are compact and easy to use, but they are effective only during daylight hours when conditions and visibility are good. Flags will be hung at the LANDING/ LAUNCH daily location.

## Rafting: The following are the most frequent killers.

**High Water.** The river's speed and power increase tremendously as the flow increases, raising the difficulty of most rapids. Rescue becomes progressively harder as the water rises, adding to the danger. Floating debris and strainers make even an easy rapid quite hazardous. It is often misleading to judge the river level at the put in. Since a small rise in a wide, shallow place will be multiplied many times where the river narrows. Use reliable gauge information whenever possible and our group is aware that sun on snowpack, hard rain, and upstream dam releases may greatly increase the flow quickly.

**Cold.** Cold drains strength and robs the ability to make sound decisions on matters affecting survival. Cold-water immersion, because of the initial shock and the rapid heat loss which follows, is especially dangerous. Everyone will be required to be dressed appropriately for bad weather or sudden immersion in the water. When the water temperature is less than 50 degrees F., it will become an immediate emergency for our group to retrieve the members of the capsized boat, emergency procedures will commence. We are suggesting wool, or to pile clothing under a waterproof shell. Changes of clothing, coats, socks and gloves are available if you capsize. But we are suggesting paddlers bring a change of clothing in a waterproof bag. If, after prolonged exposure, a person experiences uncontrollable shaking, loss of coordination, or difficulty



speaking, he or she is hypothermic – if deemed necessary and prudent, one of our Medics will immediately take that person to the nearest clinic or hospital.

Strainers. Brush, fallen trees, bridge pilings, undercut rocks or anything else which allows river current to sweep through can pin boats and boaters against the obstacle. Water pressure on anything trapped this way can be overwhelming. Rescue is often extremely difficult. Pinning may occur in fast current, with little or no warning of the danger. Make sure to get behind your boat and crawl over it, so you're not pinned against rocks or brush.

Dams, hydraulics & holes Only identifiable dams are the Hosey Dam in Fort Wayne (next to N. Anthony Bridge) and Independence Dam in Defiance, Ohio and Mary Jane Thurston State Park/ Dam. When water drops over a obstacle, it curls back on itself, forming a strong upstream current which may be capable of holding a boat or swimmer. Hydraulics around man-made dams must be treated with utmost respect regardless of their height or the level of the river. Despite their seemingly benign appearance, they can create an almost escape-proof trap.

Broaching. when a boat is pushed sideways against a rock by strong current, it may collapse and wrap. This is especially dangerous to kayak and decked canoe paddlers; these boats will collapse and the combination of indestructible hulls and tight outfitting may create a deadly trap. even without entrapment, releasing pinned boats can be extremely time-consuming and dangerous. to avoid pinning, throw your weight downstream towards the rock, this allows the current to slide harmlessly underneath the hull.

#### Overestimation of Ability

All paddlers have verbally expressed to have a frank knowledge of their individual paddle ability, and have stated that they will not attempt rivers or rapids which lie beyond that ability.

- \*Canoe Crew Paddlers are in good physical and mental condition, consistent with the difficulties which are to be expected. They have been asked to make adjustments for loss of skills due to age, health, fitness. Any health limitations must be explained to your fellow paddlers prior to starting the trip.

- \*Many volunteers have stated they are trained in rescue skills, CPR, and first aid with special emphasis on the recognizing and treating hypothermia.

Suggesting that individuals carry equipment needed for unexpected emergencies, but the

- \*C.A.L.M. at Landing Locations will provide anything needed that may have been forgotten by the individual; including foot wear, a throw rope, knife, whistle, and waterproof matches.

- \*If you wear eyeglasses, please tie them on and carry a spare pair. Do not wear bulky jackets, ponchos, heavy boots, or anything else which could reduce your ability to survive a swim or added weight to sink.

- \*Land Crew is required to spot canoes / canoe crew volunteers as they exit and enter the river to stabilize and to reduce risk of capsizing upon approach and departure

Despite the mutually supportive group structure described in this code, individual paddlers are ultimately responsible for their own safety, and must assume sole responsibility AT LEAST for the following decisions:

- 1) The decision to participate on any trip. This includes an evaluation of the expected difficulty of the conditions existing at the time of the put-in.

- 2) The selection of appropriate equipment, including having all proper survival gear for your personal use, in addition to the groups contribution of survival gear.

- 3) The decision to scout any rapid, and to run or portage according to their best judgment. Other members of the group may offer advice, but **paddlers should resist pressure from anyone to paddle beyond their skills.** It is your own personal responsibility to decide whether to pass up any walk-out or take-out opportunity.

### 3. SANITATION (solid waste in one place, urine in another place)

DO NOT PEE OR POO NEAR-OR-IN A STREAM

**Shitter:** dig a trench - (long not wide) and place lug-a-lou over the trench

**Pisser:** ideal place for a pisser is one that has many pine needles or small rocks. An area will be marked with tape to identify where to pee. Gentlemen should pee beyond the marker, ladies should be able to squat in front of the marker - TP must be thrown in the compost/trash or shitter - NOT a fire.

DO NOT poop where you pee - they should be separated to break down properly - accidents can occur (hee hee)

### 4. INFO - SEE: HOST OR ADMIN - Paperwork, documentation, library or other administrative needs

### 5. FIRE PIT - ONE COMMUNITY FIRE ONLY (encircle with a blanket/chair/5-gallon-bucket-seat)

Necessary at station:

5 gallon bucket FULL of river water, 2 shovels, collection area for ashes, gather firewood - downed dead wood ONLY - DO NOT CUT SOMETHING - you may push over any widow-maker for its wood, tin foil or other reusable trash to collect cold ashes for shitters and pisser.

- \* Fire Toll will be present at all times

### 6. CHARGING STATION - solar power will be available on Land Cargo trailer (A/C electricity will be present at some locations)

### 7. C.A.L.M. - Center for Alternative Living Medicine: medic, weather, safety, things you may have forgotten for comfort or desire

### 8. PROGRAMING AREA -(sometimes may be around the FIRE PIT)

### 9. TRASH - a. recycle b. trash c. compost

### Canoe Crew's PERSONAL NEEDS:

Each Individual needs to PACK LIGHT – IF you plan to be wet and cold...you will not be :)

## Stations:

### NEVER USE RAW RIVER WATER AT ANY STATION

#### 1. HAND Sanitizing - your FIRST sanitization from river water

Necessary at station: 4 hand towels + scrub-brushes

##### HAND SANITIZING WASHING PREP:

###### 1st bucket - Sanitize

Castile Soap + bleach + water

(Dr. Bronner's Lavender Ratio 1:10) (5 gallon bucket = 1 Tablespoon Bleach)

###### 2nd bucket - Wash

1/2 cup of bleach + water

###### 3rd bucket - Rinse

1/2 Tablespoon of bleach + rinse water

Water disposal - use this water to wash Save Maumee's Pooper & put "leftover" water OVER the ALREADY FILLED-IN-pooper-hole area.  
NEVER USE RAW RIVER WATER AT ANY STATION.

#### 2. KITCHEN (food, water, coffee, tea & FINAL washing station)

###### 1st bucket - Sanitize

Soap Provided + bleach + water

(Soap 1:10) (5 gallon bucket = 1 Tablespoon bleach)

###### 2nd bucket - Wash

1/2 cup of bleach + Soap + water

###### 3rd bucket - Rinse

1/2 Tablespoon of bleach + rinse water

Head Bottle Washer - to finish any dishes leftover

Water Disposal will go into the compost hole Save Maumee's Toilet and put any "leftover" water in the compost area or gently sprinkled where the "pisser" is located

4) All trip participants should consistently evaluate their own and their group's safety, voicing their concerns when appropriate and following what they believe to be the best course of action. Paddlers are encouraged to speak with anyone whose actions on the water are dangerous, whether they are a part of a group or not.

## Guidelines for River Rescue

Recover from an upset by rolling away from boat, upstream of the hazard whenever possible. Evacuate your boat immediately if there is imminent danger of being trapped against rocks, brush, or any other kind of strainer. **BLOW YOUR WHISTLE IF YOU CAPSIZE OR SEE ANYONE ELSE CAPSIZE.**

If you swim, hold on to your boat. It has much flotation and is easy for rescuers to spot. Get to the upstream end so that you cannot be crushed between a rock and your boat by the force of the current. Persons with good balance may be able to climb on top of a swamped kayak or flipped raft and paddle to shore.

Release your craft if this will improve your chances, especially if the water is cold or have been capsized by rocks or trees. Actively attempt self-rescue whenever possible by swimming to the shoreline, or closest area for safety. Be prepared to assist others who may come to your aid.

##### BLOW WHISTLES

When swimming in shallow or obstructed rapids, lie on your back with feet held high and pointed downstream. Do not attempt to stand in fast moving water; if your foot wedges on the bottom, fast water will push you under and keep you there. Actively work to get to slow or very shallow water before attempting to stand or walk. Look ahead! Avoid possible pinning situations including undercut rocks, strainers, downed trees, holes, and other dangers by swimming away from them.

No rapids areas have been identified up to this point, but If the rapids are deep and powerful, roll over onto your stomach and swim aggressively for shore. Watch for eddies and slackwater and use them to get out of the current. Strong swimmers can effect a powerful upstream ferry and get to shore fast. If the shores are obstructed with strainers or under cut rocks, however, it is safer to "ride the rapid out" until a safer escape can be found.

If others capsize, **CALL FOR HELP IMMEDIATELY** go after the the PEOPLE first. Rescue the boats and equipment only if this can be done safely. While participants are encouraged (but not obligated) to assist one another to the best of their ability, they should do so only if they can, in their judgment, do so safely. The first duty of a rescuer is not to compound the problem by becoming another victim.

Rescue Tactics - Never tie yourself into either end of a line without a reliable quick-release system. Have a knife handy to deal with unexpected entanglement. Learn to place set lines effectively, to throw accurately, to belay effectively, and to properly handle a rope thrown to you.

When reviving a drowning victim, be aware that cold water may greatly extend survival time underwater. Victims of hypothermia may have depressed vital signs so they look and feel dead. Don't give up; continue cpr for as long as possible without compromising safety.

Directions to follow in an emergency situation

## OFFICIAL EMERGENCY PROCEDURE

1. The MEDIC or ADMIN or CAPTAIN will take charge to designate personnel to summon additional assistance and make the decision to call 9-1-1 if they deem necessary.

2. Communication system that is both audible and visible is established for calling canoers to shore (i.e. whistles & hand signals).
  3. First Aid kit and Water MEDIC will be present.
- Basic Canoe Orientation Shall Cover:
- 1 How to select and wear the proper size US Coast Guard approved PFD.
  2. Parts of canoe and paddle.
  3. How to select and properly hold a paddle.
  4. Canoeing Safety rules.
  5. Basic canoe handling and strokes (forward, bow draw, cross bow draw, stern pry, stem draw, back stroke).
  6. How to safely get in and out of a canoe.
  7. What to do if the canoe capsizes.
  8. Communication system including distress signals.
- A. Communication System established: audio / visual
- Audio Everyone listens, call back information from boat to boat...IF you are too far away to hear, paddle quickly downstream, toward the boat in front of you.

One long whistle blast – Activity stops and LISTEN

Three short, sharp whistle blasts – everyone paddles to bank indicated (repeat until all have heard).

Visual

– A grand sweeping motion with one raised arm, moving toward the body and repeated several times (accompanies three sharp whistle blasts). Everyone paddles to the bank indicated by arm waiving in that direction.

#### EMERGENCY PROCEDURE

- . IF you see someone capsize their boat or appear distressed: Distress signal
  - Visual: raise both arms above head and wave back and forth in a slow crossing motion and IMMEDIATELY BLOW ALL WHISTLES
- . IF YOU HEAR WHISTLES BLOWING, BLOW YOUR WHISTLE TOO to alert those within hearing distance
- . ALL cell phones will be programed with medic crews' phone numbers
- . You realize someone MAY be having a problem (i.e. capsized boat, medical problem, someone yelling or producing proper emergency arm gestures). BLOW YOUR WHISTLE LONG AND LOUD
- . Fellow paddlers will then dispatch "compact rescue throw bags" to anyone in the water and retrieve them immediately.
- . DO NOT WAIT TO MAKE SURE THERE IS A PROBLEM CALL ON THE WALKEE TALKEE OR CELL PHONE TO LAND CREW MEDIC PHONE NUMBER and CANOE MEDIC
- . EMERGENCY CHANNEL IS 9
- . Canoe Medic and Land Crew Medic will be called and dispatched immediately to the GPS location provided. The reaction from land crew and land crew medics will be immediate
- . Reaction from land crew medic will be; to drive the JEEP (with chains attached to pull) to the water once the problem is identified as an emergency and exact location identified with Geographoical Positioning is identified by the nearest boat with GPS phone/GPS hand held device.
- . Full medical evaluation will be provided on-site to the individual(s) and assessment given as to additional medical treatment to be sought (i.e. hospital/clinic).

	<p>End of Event at Pavilion:</p> <p><u>AWARDS FOR:</u></p> <ol style="list-style-type: none"> <li>1. Best River Find</li> <li>2. Best Group Picture</li> <li>3. Least Likely to Tip a Canoe</li> <li>4. Most Likely to Survive a Zombie Apocalypse</li> <li>5. Normal Everyday MacGyver</li> <li>6. Biggest Complainer Badge</li> <li>7. Most Helpful Land Crew</li> <li>8. Water &amp; Land Crew Entire 141 Mile Award</li> <li>9.</li> </ol>	<p><u>WHO DECIDES:</u></p> <ol style="list-style-type: none"> <li>1. Captain Decides</li> <li>2. Monday Monthly Member Meeting</li> <li>3. Canoe Sweep Decides</li> <li>4. Water Crew Medics Decide</li> <li>5. Consensus Decision</li> <li>6. Democratic Decision by Popular Vote</li> <li>7. Land Admin</li> <li>8. Everyone Wins ~ Who go the Distance</li> <li>9.</li> </ol>
<p>RETURN CANOES TO</p>	<p>SOMEBODY TO DO THIS PLEASE: TAKE CANOES TO SELF CAR WASH FOR CLEANING &amp; hose 'em down - I69N to Ashley / Hudson exit (smiley water tower) 2282 W. 500 South, Pleasant Lake, IN 46779 - Right on 800 &amp; 1st left over RRXing veer LEFT and then RIGHT Tee into 500 then 1st right to BROWN HOUSE / maintenance / gate</p>	



		Indiana CAFO Watch - Barbara Sha Cox Executive Director & Farmer
		Socially Responsible Agriculture Project
	Bee Keeper Maraiah Russel to discuss how bees are related to plant diversity & habitat	
<b>Saturday April 26, 2014</b> <b>Launch: Maple Street Boat Launch (Perrysburg)</b> <b>Landing: International Park YES!</b>		
	HOST:	
	Homelessness on the River: Homelessness on the rivers; why bikes, tires, safe's are found, reflection upon not everyone has a home to go back to - society should provide food opportunities rather than viewing these people as caniving and conspiring to eat.	COMMUNITY MATTERS
	We are stewards of 1/5 of the worlds freshwater supply	Environmentalists we may be, but we can still have a whole lot of fun and support SMGO by consuming conspicuously.

This is a volunteer event and we want everyone safe, but we are not responsible for injuries please sign the waiver if you haven't already.

- . Pick a BUDDY & A BUDDY BOAT so you can help & watch each other!
- . The water is very cold, so if you do fall in – BLOW YOUR WHISTLE – this trip is during a Season that has a high potential for hypothermia.
- . DO NOT intentionally get into the stream, the water is too cold during this time for play or garbage removal that may have the potential to capsize your boat.
- . This is an information gathering trip. Do not spend too much time collecting garbage – take a GPS location or picture and keep moving – you are required to reach the pre-set Landing Location BEFORE dusk
- . Do not walk on unstable stream banks, disturbing these banks-including the vegetation growing upon them-can accelerate erosion and lead to more problems.  
\*Some of the plants you step-on may have been planted by restoration efforts! \*We want to be part of the solution, not part of the problem.
- . Don't pick up any hypodermic needles, or other medical or hazardous waste or animal carcasses' or manure but please notify someone to dispose of anything in question. DO NOT TOUCH DEAD BIRDS. (bird flu) – PHOTOGRAPH THEM
- . DO NOT TAKE TURTLES OR FROGS or move / remove any mussels, it is illegal
- . Be alert at all times for holes or obstacles near the riverbank or in the river itself
- . MUST WEAR shoes that are in good condition and have traction.  
\* Wear gloves to protect hands and clothing that will keep you warm and dry
- . Be alert for stinging insects and animals – SMALL TICKS = LYME DISEASE, check each other often upon canoe landing
- . Beware of plants. Watch for poison ivy, poison sumac, poison oak, and other skin-irritating vegetation. REMEMBER: leaves of three, let them be.
- . Never wade in swift or high water, currents can sweep you away quickly!
- . Any open soars or blisters would be a risk for infection because of the unsanitary condition of the river and/or objects that may have sat in river water.
- . Do not be under the influence of alcohol or drugs because injury would be more likely.
- . Never drink the water or put your hands near your mouth or nose, use hand washing buckets to clean hands often – sanitizer is not recommend – we use a bleach solution  
\* Be wary when eating and drinking if your hands have been in contact with stream water or garbage – CLEAN THEM  
\* Beware of your drinking cup's lip -IF it is wet from river water-DO NOT PUT IT TO YOUR MOUTH, it has the potential to make you sick; flu like symptoms and infections

Save Maumee and all volunteers, directors, members, sponsors etc., in ALL capacities will be held harmless and be indemnified, in any and all situations, that rise due to your participation or any member in your family's participation during our trip and in the future. You as a participant will be held responsible for all actions and you will NOT hold Save Maumee et. al. responsible for ANY occurrences. You are participating on your own free will and willingness to volunteer to help your community.

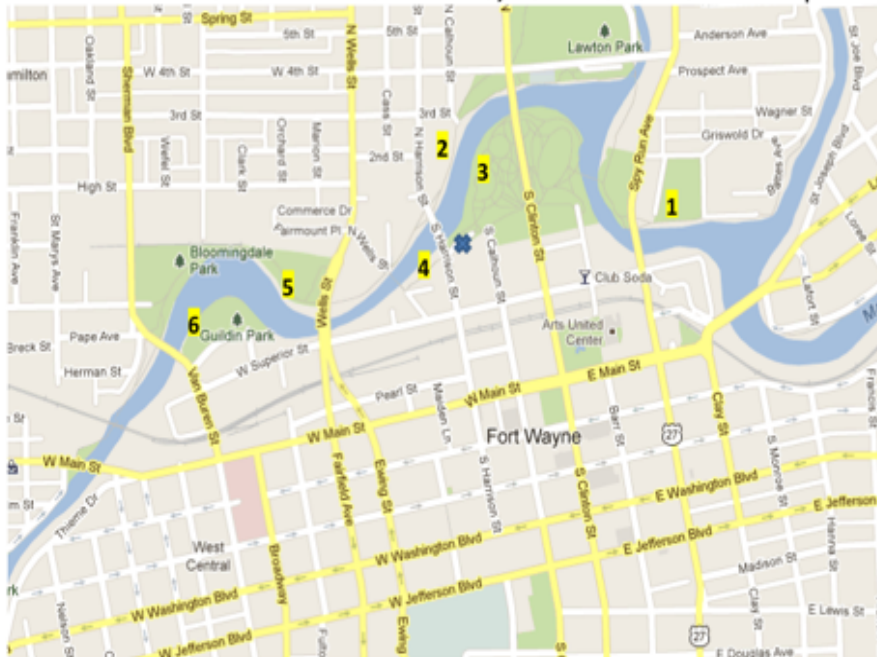
This trip is for you and for the education for our community to learn by our experiences and gather information for academia. Thank you for your dedication to our work.

# Daily Programing

What time? RIVER TIME! That is part of the fun!

The Land Crew will be there so we can all wait for the Canoe Crew to arrive!

## REVEALING OUR RIVERS APRIL 19, 2014 – Site Location Map



### MAP INDEX:

1. Water Filtration Plant – Adopted by “The Crossing’s Xtreme Team”
2. Third Street Pump Station
3. Headwaters Park West
4. Harrison St Bridge heading west toward Historic Wells St. Bridge
5. Bloomingdale Park East
6. Guldin Park – Adopted by the “Millennial Leaders Alliance”
- ★ Registration for all Volunteers at sites 2, 3, 4 and 5

Friends  
of the Parks

Saturday April 19

Public Programing in the afternoon ~ late afternoon Canoe Crew

Landing

Canoe Crew lands at New Haven’s North River Road Nature Area between 5-6pm, but the Land Crew will be there for a riverbank restoration project to plant deep rooted native plants which will aid in diversity of fauna and flora and work against erosion.

7AM	coffee goes on	
8AM	breakfast is served	gather in a circle Sell the ideal of a better world
9AM	boats launch	
10AM	last boat should be out	Canoe Sweep leaves last
		Land Sweep: Lydia Savitz
	Canoe Crew lands and reevaluates next step	
INVASIVE Plant Identification and Removal  How plants improve water quality, benefits of true natural diversity parallel to streams  Water scarcity on this continent and worldwide  Land-Use and Direct effect on water, watersheds NOT only for the sake of water, but for the habitat - how to create habitat commons rather than property rights.  landing: Napoleon Municipal Park		
<b>Thursday April 24, 2014</b> <b>Launch from Napoleon Municipal Park</b> <b>landing: Mary Jane Thurston State Park=cost of \$9/6 people</b> <b>REASSESS RIVER CONDITIONS HERE: Rapids are from Mary Jane Thurston State Park to Perrysburg/City of Maumee</b>		
	Matt Horvat will help us to assess the River - Maumee River Coordinator for City of Toledo/County - he will paddle with us after our decision is reached	
	A lesson in democracy.... QUESTIONS TO BE ANSWERED	River conditions appropriate for launching canoes in the morning?  Do we launch from Waterville in the morning
	Service Project for DNR to reestablish vegetation in pre-designated area.	Planting of plugs & trees
	Land Crew begins to move to next location and evaluates plan for landing on the Friday 25	Discussion will be sparked upon the conditions of the water. Good time to discuss impervious surfaces, levee management, flooding & land-use
	SEE PROGRAMING	
<b>Friday April 25, 2014</b> <b>Plan A: STAY at Mary Jane Thurston State Park another day with programing (if we are allowed) COST OF \$9/6 people</b> <b>LOAD CANOES BUT DO NOT LEAVE</b> <b>Plan B: PORTAGE to next destination for programing. Camping but DO NOT UNLOAD BOATS until Saturday April 26 at 9AM</b> <b>working with Matt Horvat to secure: Bluegrass (MetroParks owned) OR Audobon (Dept. of Natural Areas &amp; Preserves)</b> <b>IF we do, we launch from Perrysburg Boat Launch (approx time to International Park 4-5 hours)</b> <b>Boat Launch is on Maple Street &amp; dead-ends at the River</b>		

Tuesday April 22, 2014		
LAUNCHING: 11498 The Bend Rd, Sherwood, OH 43556		
LANDING AT PROGRAMING AREA ~ Pontiac Park ~ Load Canoes		
PORTAGE INDEPENDENCE DAM		
CAMP WILL BE: Reynolds Private Property – 869 Coon Hallow Dr. Napoleon OH		
Approximate paddle time: 4 hours		
7AM	Coffee goes ON	
8AM	Food Served gather in circle	
9AM	Canoers should be on the water or almost ready to embark	
10AM	Last Boat MUST BE OUT (Canoe Sweep)	Land Sweep: Lydia Lamont
11AM	Land Crew begins to move to next destination at Reynolds property then goes to programing.	
	LAND AT PONTIAC PARK - LOAD CANOES AND ALL GO TO PROGRAMING	
	Land crew to help portage Independence Dam State Park Land crew (after portage assistance - goes to setup camp CAMPSITE LANDING: 869 Coon Hallow Dr.	
	Day programing at Old Fort Defiance Park - DOCK CANOE AT PONTIAC PARK north shore beyond bridges at confluence	
	Portage: Independence Dam State Park	
	Land crew begins to move to next destination: Old Fort Defiance Park, Defiance Ohio	
	SWCD & MS4 Managers PROGRAMING: Will provide a map of land destination points to enjoy the true Earth Day, April 22!	Between Fort Street, Washington Avenue, West 2nd Street, Clinton Street ~ Explore Defiance's stormwater/sewer improvements & BMP's to be showcased on an exploration tour on land! *CSO's & aging sewers *Rain Barrel Demo/Rain Water - using nature properly to save money on water utility bill...and get tomatoes!
Water Filtration	What do they use for disinfection for drinking water in Defiance	
FREE TIME	after you move YOUR canoe to the Reynolds property = FREE TIME	RECHARGE YOUR STUFF, Electricity no water ~ Upload Film, Personal Time
	MARK THE CROSSING BETWEEN THE UPPER MAUMEE & LOWER MAUMEE WATERSHED BOUNDARIES	
Wednesday April 23		
Launching from: Reynolds Property (VERY slow current past the Dam)		
landing: Napoleon Municipal Park Boat Dock		
HOST		

Ivy Tech students are secured to help with the project around 3pm!  
New Haven Parks & Recreation will be on site to answer questions.  
The Allen County Partnership for Water Quality will be joining us on the water for the first leg of its journey and campfire discussion on the interpretation and education enroute from the Junk Ditch launch.

\* EASTER MORNING Therevadan Buddhist Monks Blessing before canoes launch – 8AM

MORNING of April 20th

~ EASTER SUNDAY MORNING PROGRAMING ~

\*EASTER MORNING before canoe crew launches FROM New Haven (SEE APRIL 19) Therevadan Buddhist Monks Blessing 8AM

## EASTER Sunday Programing at ACRES Land Trust Blue Cast Springs ~ early afternoon Canoe Crew Landing

Stockbridge Audubon Society Fort Wayne -presentation on birds with Birder Ed Powers around 2pmish

Easter Egg Hunt

Rusty Hardesty to sell and present her homemade products named Earthwitch – bring your \$

Celebrating this beautiful day with the enjoyment of ACRES Land Trust's Nature Preserve ~ Blue Cast Springs

## Monday April 21 ~ late afternoon Canoe Crew Landing

River Network's (Great Lakes Region) will provide the Save Maumee Crew, and distant travelers, more specific information on how to help Save the Maumee more formally.

\* So if you believe in our mission and want to take the next step, River Network's Paco Ollivides will teach us how to engage and be involved with this call of action!

During the day we will be visiting with Ohio's Department of Natural Resources as the canoe crew crosses the State's political boundaries into OHIO!

Campfire: Maumee River Drinking Water Challenge ~ hosted by Save Maumee

## Tuesday April 22 -EARTH DAY~early afternoon Canoe Crew Landing

\* Sharon Partridge from Allen County Soil & Water Conservation District will help to explain how Save Maumee would like to assist the Upper Maumee Watershed Management Plan implementation:

“Work With Partners to Develop a Map of Recreational Opportunities and Potential Obstacles or Threats Along the River.”

“Complete and Disseminate Brochures Regarding Recreational Opportunities and Potential Obstacles or Threats Along the River”

Join us for an urban stormwater walking tour, an update on the Upper Maumee River Watershed Management Plan and a rain garden workshop!  
 On April 22, 2014, the City of Defiance will be receiving some special guests from upriver!  
 Save Maumee, a group based out of Ft. Wayne, IN will be stopping in Defiance during their 9 day canoe trip from Ft. Wayne to Lake Erie! One of the goals of the trip is to raise awareness of water quality issues and recreational opportunities of the Maumee River.  
 Join us in welcoming them and learning about ways to benefit our waters!

### **Invitation for Earth Day 2014 Educational Opportunities in Defiance, Ohio**

*At 3:00 pm, we will hold a walking tour to view some of the innovative ways that the City of Defiance is reducing stormwater runoff from polluting the rivers. The tour will be led by Jen English, City of Defiance MS4 Coordinator and will begin at Pontiac Park. We will be seeing an example of porous pavement, a rain garden (under construction) at Defiance Library, the Auglaize Riverbank stabilization project, a rain garden at City Hall, and bioswales on Perry Street.*

*From 4-5:30 pm, we will be holding a Rain Garden workshop and giving an update on the Upper Maumee River Watershed Management Plan at Kissner's Restaurant (upstairs). Sharon Partridge, Watershed Program Manager, will give a brief presentation on the new Upper Maumee River Watershed Management Plan and how it benefits the community.*

*Martha Bishop- Ferguson will then conduct a rain garden workshop. Martha is the owner of Riverview Nursery and has grown native plants for 25 years. She is an advanced Master Gardener and a Master Naturalist who previously directed the garden restoration project at the Gene Stratton-Porter State Historic Site. She will be detailing ways that homeowners can install a rain garden in their yard.*

*A rain garden is a landscaped area planted with native plants and flowers that soak up rainwater. The garden fills with a few inches of rain water that come off of the roof of a house or building during a storm. After the storm, the water slowly soaks into the ground instead of running off the land into a storm sewer or waterway. Compared with a grassed lawn area, a rain garden may allow 30% more water to be absorbed. Native plants are suggested for use in the rain garden because of their deep roots, water uptake and their ability to tolerate conditions ranging from wet to dry and hot to freezing.*

*The events are sponsored by the City of Defiance, the Defiance County Soil and Water Conservation District, the Upper Maumee River Partnership and the Upper Maumee Watershed Management Plan Clean Water Grant.*

*These programs are free and open to the public. Registration is encouraged but not required. For more information please contact Stephanie Singer (419) 782-1794.*

Easter Meal	Frugal Soup Supper  1st Course: You will be served a simple meal and water- receive it and eat it in silence. Reflecting upon the fact: this simple meal of food and water is more than millions of people will receive today. Bring into the front of your mind ~ positive reflection upon the people deprived of food and water in this world.  2nd Course: You will get a second serving. Reflect on the realization of what you NEED and what you CONSUME. Make yourselves aware of your immediate surroundings. Gently raise quiet discussion about your NEEDS with the person next to you in the circle. Reflect on necessary items. (i.e. WATER is a necessity for life - you can live without electricity)  3rd Course: when you are given a third item...think of someone (personally or otherwise) when you discuss those NEEDS.
After Meal Program	SEE PROGRAMING

<b>Monday, April 21 2014</b> <b>LAUNCHING FROM ACRES LAND TRUST: Blue Cast Springs</b> <b>LANDING: north shore, PRIVATE PROPERTY - 11498 The Bend Rd, Sherwood, OH 43556</b> <b>approximate paddle time to next destination: 6 hours</b>		
7AM	Coffee goes ON	
8AM	BREAKFAST IS SERVED	
9AM	Canoers should be on the water or almost ready to embark	
10AM	LAST BOAT MUST BE OUT (CANOE SWEEP)	
10AM	Land Crew begins to move to next destination	Land Sweep:
?	as we pass into Ohio - please be prepared for the Ohio DNR to meet us on the water and do a safety check for educational purposes ONLY	
	SEE #1 Addenda Canoes	- When you arrive to camp
	Food Served gather in circle	
When canoe crew arrives:  between 4pm-8pm	River Network Presented by Paco Olliviaris Great Lakes Region Rep :  Estimated time: 45 minutes for presentation 45 minutes for break out sessions with smaller groups you have chosen	<b>PROGRAMING TOPIC:</b> <b>Advanced Volunteer Engagement Forum</b> - Do you want to help Save the Maumee River more formally? Do you believe in the cause and want to take the next step? River Network will teach you HOW to engage and be involved with this call of action!
5PM	Food prepared & free time	Food Served gather in circle
Campfire Discussion	The Maumee Drinking Water Challenge - water purification techniques  What goes up in the air eventually comes down into water	



8AM	Eat Breakfast and get in your canoe	IF you are not going to eat breakfast then, fill bliss-ware and take your breakfast to GO
9AM	Everyone should be on the water or almost ready to embark	
10AM	LAST BOAT (CANOE SWEEP) MUST BE OUT	
Matt Jones	Allen County Partnership for Water Quality	interpretation of the area with aid of his expertise Matt is a great reference for Everything Water!
10AM	Land Crew begins to move to next destination	LAND SWEEP:
2pm +	ARRIVAL OF: Ivy Tech Students & Kathi Weiss (teacher) will do whatever we ask	PLANT SEEDS AND SHOW THEM HOW! FIND A SPACE THAT NEEDS VEGETATION!
Upon LANDING:	New Haven North River Nature Area	
	Gather in circle for meal - Programing Announcements	
CALL THIS NUMBER	260-446-8596 - WHEN WE GET CLOSE TO SWINNIE PARK CALL ELLIE BORGE FOR PICTURES -	
	SEE: #1 Addenda Canoes	- When you arrive to camp
	PROGRAMING: New Haven Parks Department	Erosion Control Project - planting of natives
<b>SUNDAY April 20th, 2014</b> <b>LAUNCHING FROM: New Haven North River Nature Area</b> <b>(approximate paddle time to destination: ACRES Blue Cast Springs 3 hours)</b> <b>Landing: Blue Cast Springs</b>		
7AM	Coffee goes ON	
8AM	BREAKFAST IS SERVED	
9AM	Canoers should be on the water or almost ready to embark	
10AM	LAST BOAT MUST BE OUT (CANOE SWEEP)	
10AM	Land Crew begins to move to next destination	Land Sweep:
1PMish	Canoe Crew Lands at Blue Cast Springs	
	SEE #1 Addenda Canoes	- When you arrive to camp
	Canoe Crew Lands at Blue Cast Springs	Egg Hunt
When canoe crew arrives:	PROGRAMING TOPICS:	
5PM	Food prepared & free time	
	Food Served gather in circle	

## Wednesday April 23 – late afternoon Canoe Crew Landing

Invasive plant identification and removal

Water Scarcity on this Continent and Worldwide

Land Use and direct affect on water: Watersheds not only for the sake of water, but for the habitat – how to create habitat commons rather than property rights

## Thursday April 24 – early afternoon Canoe Crew Landing

As we land, Matt Horvat from Maumee River Coordinator from the City of Toledo to help us to assess water conditions between Grand Rapids, Ohio and Perrysburg, Ohio ~ Discussion will be sparked upon the conditions of the water

Service project for DNR to reestablish vegetation in predesignated area - Erosion control and seed planting to aid the Department of Natural Resources, Ohio State Parks to provide necessary and diverse vegetation to the area

5pm Maumee Valley Heritage Corridor to present “Pirates, Renegades and other Scoundrels of the Maumee Valley. Contact Executive Director Angie Quinn,

260-450-2057 for more information.

## Friday April 25 – Mary Jane Thurston State Park Camping Area

### ALL DAY

### SEE DECISION MAKING PROCESS

We are stewards of 1/5 of worlds water supply

INFO & CAMP will be available all day at Mary Jane Thurston State Park

Johnny Appleseed is to make an appearance! WELCOME JOHNNY APPLESEED!

INDIANA CAFO WATCH – Barbara Sha Cox Executive Director and farmer - Socially responsible Agriculture Project

Bee Keeper, Mariah Russell will present “Protecting Our Pollinators” How Bees are related to habitat and diversity and represent the “canary in the coal mine.”

## Saturday April 26 – SATURDAY LAUNCH EVERYONE!

Meet us at Maple Street Public Boat Launch at 9AM

Paddle with us approximately 6-7 hours...

to

reach our DESTINATION & COMPLETE ALL 141 MILES OF THE MAUMEE RIVER

**DESTINATION WILL BE: International Park**

**Pavilion in Toledo, OH**

Canoe Crew will be joined by the United States Coast Guard Auxiliary Flotilla 16-15 Toledo’s “Food NOT Bombs” to discuss homelessness on the river and feed everyone at International Park Pavilion

Awards for paddlers and land crew

**THROUGHOUT:**



Geolocation: GPS mapping “Recreational Opportunities and Potential Obstacles or Threats Along the River”  
 Thanks to Environmental Resources Center – Dr. Kingsbury & Dr. Robert B. Gillespie  
 Thanks to Allen County SWCD – Sharon Partridge Hall & Matt Jones  
 Staging areas for experts “in the(ir) field” to answer questions posed during the trip and provide their expertise along our beautiful natural resource’s riverbanks.  
 Citizens action coalition to provide a mass spectrometer water test  
 Save Maumee Documentary Water AND Land Crew will be capturing all the action!  
 Make sure to tell the cameras a story of why you love water and interesting experiences during our extravaganza during Earth WEEK!  
 News Media secured to join us and update the public on our progress

## Back Door Rap

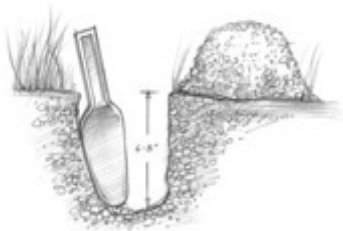
Dispose of Waste Properly ~ Leave NO Trace

### HUMAN WASTE

Proper disposal of human waste is important to avoid pollution of water sources, avoid the negative implications of someone else finding it, minimize the possibility of spreading disease, and maximize the rate of decomposition.

In most locations, burying human feces in the correct manner is the most effective method to meet these criteria. Solid human waste must be packed out if you are using it on a boat. SEE SANITATION STATION AT CAMP

Pathogens have been discovered to survive for a year or more when buried. However, in light of the other problems associated with feces, it is still generally best to bury it and cover it COMPLETELY. The slow decomposition rate causes the need to choose the correct location, far from water, campsites, and other frequently used places.



### PERSONAL CAT-HOLES

Cat-holes are the most widely accepted method of waste disposal. Locate cat-holes at least 200 feet (about 70 adult steps) from water, trails and camp. Select an inconspicuous site where other people will be unlikely to walk or camp. With a small

Orientation FRIDAY April 18, 2014		
LOCATION: Top Notch Tree Service 3926 Smith Road Fort Wayne, IN 46804		
HOST: Abby & Becki		
	For participant prep for the day: BRING EVERYTHING YOU PLAN TO TAKE ~ We are sleeping at Top Notch Tree Service Private Property (the corner of Smith Rd. and Engle Rd.) Be ready to debark platoon into Junk Ditch by 9AM the next morning	
2PM-5PM	ALL Canoe AND Land Crew must attend ORIENTATION and SIGN PAPERWORK and receive hardcopy hand-out information	
Food Served NOW or AFTER EDUCATION	Orientation Topics: Abigail King Save Maumee VP  Paperwork is Filled Out Equipment check Job assignments Rap 101 Sanitation Safety Danger points  Education Topics by: Executive Director of Little River Wetlands Project, Betsy Yankowiak	*Safety Plan & Protocol - Turtle  *Emergency Water Rescue  *Procedures & Questions  *Location of Watershed Importance: LRWP  *Definitions of differences of straight pipes = CSO's, SSO's Septic Tanks, Drainage Tiles, Stormsewer = NO MAP list anywhere of drainage tiles - GPS back up person when Dani Leaves  *How to use a GPS and send Information to "THE MAP" and logging in the "book"
5:00	Campfire Discussion	Matt Jones Allen County Partnership for Water Quality (ACPWC)  The (ACPWC) will be joining in on the canoe trip for the first leg of it's journey....I. C. Coldwater (Matt's Alter Ego) will provide interpretation for our educational enjoyment
	Vegan Meal will be served upon meeting adjournment to commemorate Good Friday - gather in circle	
	Stations, Stations Everyone - GO TO SLEEP because we LAUNCH for the longest leg of the trip when you awaken!	
Added Perks	There will be plants, flowers and vegetables available there for personal purchase because we are using Top Notch Tree Service & the residence of Becki & Kenny Barker's land.	
midnight	Lights out	
LAUNCH DAY: SATURDAY April 19, 2014 - LAUNCH DAY = Longest Paddle Day LAUNCH: Junk Ditch on the corner of Smith & Engle Rd. Road Fort Wayne, IN 46804 (approximate paddle time to destination: New Haven Nature Area 8.5 - 9 hours)		
IF you do not want to do the portage over Anthony Bridge/Hosey Dam PUT IN: Niagara Dr. OR PUT IN AT KREAGER PARK Public Boat Launch Landing: North River Road Nature Preserve		
7AM	Coffee goes ON	

- If you do find yourself under arrest for any reason, always exercise your right to silence. Continue to refuse to allow any searches and politely inform them that you will not say anything until your attorney is present. This is your 5th Amendment right.
- It is legal for you to record, with or without the knowledge of, a public official on public property.

## DETENTION

The police are only allowed to detain citizens when there are "specific and articulable facts supporting suspicion" (SAF) that you are involved in criminal activity. This means they can't detain you on a "hunch." They must have observed something about your behavior or character that links you with specific criminal activity. If you are detained without SAF, you are detained illegally. If this matter ever lands in court, you may be able to get off because the original detention on their part was illegal. When you use terms like "**detention**" and "**specific and articulable facts**", the officer will usually back down a bit.

## ARREST

If you find yourself under arrest, there's not much left you can do. You are going to be searched. By refusing to consent to a search of your vehicle, though, you are maintaining your position. They may get impatient and search the vehicle without a warrant which is completely illegal. If this happens, anything they find in the vehicle will not be accepted by the court because it was evidence obtained illegally. Those are the basics rights you have when involved with the police. By exercising these rights and using a little common sense, you should be able to have a safe and happy gathering. Below are some legal contacts you may find yourself in need of if placed under arrest. For everyday police harassment, call COPWATCH at 510/548-0425. If you feel your rights were violated or that you are being charged unjustly, contact the National Office of The American Civil Liberties Union at 132 West 43rd Street, New York, NY 10036. or call 212-944-9800. Love your fellow human, even when they are misguided. Know your rights. Spread the light.

### CHRONOLOGICAL AGENDA FOR CANOE CREW

THURSDAY April 17, 2014 -	
LOCATION: Top Notch Tree Service 3926 Smith Road Fort Wayne, IN 46804	
	Confirmation Calling - Abby picks up the canoes with Fredrick
ALL DAY	*paddlers are encouraged to practice their moves on the water - COME ON OUT *Abby helps to setup at Top Notch and welcomes Members to join in the preparations *Assess the area for potential flood remediation and discuss experimental septic project with Wet Mesic Prairie Plants
4PM	*locate the spring of origin of Junk Ditch - Melanie & Danny
Midnight	Lights out

trowel or shovel, dig a hole 6-8 inches deep and 4-6 inches in diameter. The cat-hole should be covered and disguised with natural materials when finished.

The advantages are:

- they are easy to dig in most areas.
- they are easy to disguise after use.
- they are private.
- they disperse the waste rather than concentrate it (which enhances decomposition).
- it is usually easy to select an out of the way location where you can be certain no one is going to casually encounter the cat-hole.

### SELECTING A CAT-HOLE SITE:

- Select a cat-hole site far from water sources, 200 feet (approximately 70 adult paces) is the recommended range.
- Select an inconspicuous site untraveled by people. Examples of cathole sites include thick undergrowth, near downed timber, or on gentle hillsides.
- Try to find a site with deep organic soil. This organic matter contains organisms which will help decompose the feces. (Organic soil is usually dark and rich in color.)
- If possible, locate your cathole where it will receive maximum sunlight. The heat from the sun will aid decomposition.
- Choose an elevated site where water would not normally go during runoff or rain storms. The idea here is to keep the feces out of water. Over time, the decomposing feces will percolate into the soil before reaching water sources.

**DIGGING A CATHOLE** - catholes should be at least 200 feet (about 70 adult steps) from water, trails, and camp.

- A small garden trowel or shovel is the perfect tool for digging a cathole.
- Avoid areas where water visibly flows, such as sandy washes, even if they are dry at the moment.
- Select a site that will maximize exposure to the sun in order to aid decomposition. Because the sun's heat will penetrate desert soils several inches, it can eventually kill pathogens if the feces are buried properly. South-facing slopes and ridge tops will have more exposure to sun and heat than other areas.
- Dig the hole 6-8 inches deep (about the length of the trowel blade) and 4-6 inches in diameter.
- When finished, the cat-hole should be fully filled and stomped down with the original dirt and disguised with native materials.

### TOILET PAPER

Use toilet paper sparingly and use only plain, white, non-perfumed brands. Toilet paper must be disposed of properly! It should either be thoroughly buried in a cathole or placed in plastic bags and packed out. Natural toilet paper has been used by many campers for years. When done correctly, this method is as sanitary as regular toilet

paper, but without the impact problems. Popular types of natural toilet paper include stones, vegetation and snow. Do not burn toilet paper.

### **TAMPONS / CONDOMS / Sanitary Supplies**

Proper disposal requires these items to be placed in plastic bags and packed out. Do not bury them or put them in a shitter. They don't decompose readily and animals may dig them up.

### **URINE - DO NOT PEE IN ANY SURFACE WATER**

Urine has little direct effect on vegetation or soil. In some instances urine may draw wildlife which are attracted to the salts. They can defoliate plants and dig up soil. Urinating on rocks, pine needles, and gravel is less likely to attract wildlife. Diluting urine with water from a water bottle can help minimize negative effects.

## **Rap 101 Reclaim our Vision**

Start building positive energy now by taking the time to circle, discussing basic needs, sharing ideas on how to contribute, healing our own surroundings, and learning to create this gathering the way we want it to be, by sharing, learning and teaching.

Our Earth Day celebrations began in 2005 - Now our group of supporters are here to show you why The Maumee Matters ~ Earth WEEK ~ along our river. The first Earth Day was April 22, 1970

- Together we are greater than separately
- We share what we have with each other
- We are our keepers - micro-trash counts
- Love can change the world
- The Earth is our Mother
- Peace is possible and good for rivers
- The more you give to the gathering, the more the gathering gives to you.

We, who are friends of nature and Earth & all people, children of humankind

- ☒ All races, peoples, tribes, communes, men, women, children, individuals -- out of love.
- ☒ All nations & national leaders -- out of respect.
- ☒ All religions & religious leaders -- out of faith.
- ☒ All politicians -- out of charity.

To join with us in gathering together for the purpose of expressing our sincere desire that there be clean water for all, peace on earth that provides the harmony needed among all people.

We, the invited people of the world may consider & give honor & respect to anyone or anything that has aided in the positive evolution of humankind & nature upon this, our most beloved & beautiful world -- asking blessing upon we people of this world & hope that we people can effectively proceed to evolve, expand, & live in harmony & peace

## **Rap 420**

We have invited and alerted all agencies of our presence during this canoe trip out of courtesy not permission. You will see City/County Officials, Fire Departments, Department of Natural Resources, Environmental Protection Agency, Law Enforcement, Indiana Department of Environmental Management people. Please wave!

This rap sheet has been prepared to help you stay out of jail and safe in the future~not for this trip. We encourage you to know your Amendment Rights and this is to help you not be the target of unjustified police influence and harassment, that is often illegal.

Avoid wasted jail time and expensive court dates: Know these few basic rights. This rap sheet is a tool, read and understand it.

## **Law Enforcement Contact in vehicle**

NEEDS at Police Contact

- A. Your driver's license, registration and proof of insurance should be legal and accessible. Always assume that you need all three and you'll never have a problem.
- B. Your car must be road-legal. No broken tail-lights, windshields, headlights, etc. You will be cited for these.
- C. "plain view" of something illegal or *questionably illegal* IS a reason to search you ~ Anything inside the car that is visible to the officer is considered to be in "plain view." Although this does not give them the right to search your car, they can confiscate the item and place you under arrest. They will still need to obtain a warrant to search the rest of your car which will not be very hard if they found something in plain view.
- D. Never consent to a search of your body or your vehicle. This is your fourth amendment. The only reason they would ask is that they do not have enough evidence to obtain a search warrant. JUST SAY NO!! You do not want an officer to plant something in your car either. You can avoid this problem by refusing to consent.
- E. If you are harassed or mistreated, write down all the information you can about the incident. The officer's county, name, rank, badge number, etc. Date, time of day, location, etc. Contact one of the organizations listed at the end of this document to pursue the matter or just file a complaint with that officer's superior.

## **CONSENSUAL CONTACT**

Consensual contact means the officer comes up to you and says, Can I speak with you?" If you say "yes," you have consented to have contact with the police.

1. Ask if you are being detained...you ARE if they have your drivers license.
2. Enforcement needs to have a REASON to detain you, ask why.
3. You may be asked SEVERAL times during the detention if they can search your car or person. ALWAYS refuse and you'll be fine. The only legal reason they have to search you without arrest is that they feel they are in danger of being attacked which should not be an issue...because we are peaceful people.